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*Established 1982*

## **Welcome to Respite**

Glacier View Lodge is a 102 bed complex care facility located in the Comox Valley. We provide 24 hour nursing care for people who are medically stable but require ongoing care and supervision. Access to the Respite Program is through Island Health's Home & Community Care Case Managers.

Respite is a planned stay of a one week minimum. It includes room and board, activities, and nursing care. The rate is based on your income and will be determined by your Island Health Case Manager.

In preparation for coming for respite, family members may wish to come in a day or two early to get the paper work portion done. This includes signing a Respite Agreement.

What to bring – Pack as if you were going on a vacation. Bring toiletries, clothing, incontinence products, and mobility aids such as wheelchair and walker. Marking clothing is recommended to prevent loss. We can do that here for you for a fee. Please do not bring valuables such as fancy jewelry or more than twenty dollars in cash. Medications during your stay will be provided by Remedy's Rx. Please bring prescription creams, ointments, and puffers with you.

If you use oxygen at home, please notify your supplier of the dates of your respite stay. They can provide portable oxygen during your stay provided they have notice.

When to come – On admission day, plan to arrive between 10 and 11 a.m. You will be greeted by a nurse and asked questions for our admission process to make sure your stay is as comfortable as possible.

While you're here – We encourage you to maintain your normal daily routine. Rise at your regular time. Coffee, tea, and muffins are available from 7:30. Meals are served as follows: breakfast 8:30, Lunch at 12:00, and Supper at 5:00 pm. Snacks are provided in between. We hope you will take advantage of the many activities available.

Our respite room is located in the Special Care Unit. If you are more comfortable attending activity programs on the Main Unit, that can be arranged for you.

When to leave – On discharge day, plan to leave between 9 and 9:30. If your family is unable to pick you up at that time, special arrangements can be made with advanced notice.

We look forward to meeting you and hope you enjoy your stay.