



Welcome to the Adult Day Program!

Glacier View Lodge is a long term care facility located in Courtenay, B.C. We provide care to those with complex medical needs and memory care concerns, and outreach programs for seniors living in the Comox Valley – the Adult Day Program, Supper Club, Community Bathing and Respite (short term stay).

The focus of the Adult Day Program is to provide a social and stimulating day, while providing the caregiver with a day of rest. Our goal is to bring joy to your day!

Access to Adult Day Program and The Supper Club

Prospective clients and their families are invited to tour the Adult Day Program prior to registering for the service. To arrange a tour call Liz at 250 338 1451 to book a 20 minute tour. After the tour, please arrange to be added to the program waitlist. **If you currently have** a Community Health Services Case Manager, call 250 331 8522 and you will be directed to a clinician who will register your interest for the Adult Day Program. **If you do not yet** have a Community Health Services Case Manager call Central Intake at 250 331-8570 or 1-866-928-4988.

A Day at Adult Day Program

The day runs from 9:45 a.m. to 3 p.m. seven days/week (excluding statutory holidays). Please enter the program directly through the Adult Day Program entrance (green sided section of the building with peaked covered entry).

A typical day includes:

10 a.m.	Coffee/muffins and social time
10:30 a.m.	Physical activity
11:00 a.m.	Music Therapy program, Mental Stimulation or Fellowship service
Noon	Lunch
1:30 p.m.	Afternoon activity program
2:30 p.m.	Afternoon tea
3:00 p.m.	Departure

Clients may wish to access other services at the Lodge during their day at the program, such as Hairdressing, Bathing, or have access to some health monitoring. There are additional fees for Hairdressing, the Tuck Shop (snacks, cards, etc) and the Bathing program.

Supper Club

The Lodge offers a 12 week program for the client and caregiver together; ideally clients are those in early stages of dementia. The program focused on support and education for caregivers and provides a stimulating and engaging program for the clients. Our **“Supper Club”** is led by the

creator of the ***Memories and More*** program. You will learn about dementia, communication strategies, learn how to engage in activities together, and expand your social network. The program is offered beginning at 3:30 p.m. on Wednesdays. The 12 week program will be offered several times each year, based on registration. If you are interested in this program, contact Comox Valley Home & Community Care to be added to the program waitlist. Dinner is included!

Transportation

Most clients are transported to/from the program by family or friends. BC Transit also provides handyDart service to Glacier View Lodge. Please note that there is an assessment prior to registration for this service; please allow up to six weeks for this process prior to registration on handyDart. Once registered for the handyDart service, there may also be a waiting time to access the service, given the time restrictions around transit to and from the day program. Please note that HandyDart space may be limited.

Billing

The year is divided into 13 financial periods (every 4 week period) and a bill is produced for each of these periods. The user fee for Adult Day Program is \$6 per day. We also look after the handyDart tickets, so this cost is added to your invoice along with any charges for Hairdressing, Tuck Shop or Bath. We accept payments through automatic withdrawal from your bank account. Please complete our finance information form and provide a void cheque.

Attendance

Please notify us of absences. Leave a message for the Adult Day Program staff at 250-338- 1451. If you use the HandyDart, please also give them a call at 250-339-5442.

What to bring with you to Adult Day Program...

- Please bring any mobility or other specialty equipment or supplies you would normally use during the day (walker or wheelchair, oxygen, incontinence supplies, or change of clothing if you are having a bath). It is a good idea to label equipment, your coat, hat or scarf.
- If you take medications during the day, please arrange to have the dosage blister packed at your pharmacy (ie. noon doses for your day of attendance for 6 weeks). We will store them securely at the Lodge and ensure that you are given these at the appropriate time.
- Please don't bring money unless there is a special outing. We have charge systems for everything else.
- Please note that we are a non-smoking facility; please do not bring smoking supplies with you.
- If you have a Do Not Resuscitate Order, please bring us a copy.