



Welcome to the Adult Day Program!

Glacier View Lodge is a long-term care facility located in Courtenay, B.C. We provide residential care to those with complex medical needs and memory care concerns, and three outreach programs for seniors living in the Comox Valley – the Adult Day Program, Community Bathing and Respite (short term stay). The focus of the Adult Day Program is to provide a social and stimulating day, while providing the caregiver with a day of rest. Our goal is to bring joy to your day!

Access to Adult Day Program

Many prospective client's and their families tour the Adult Day Program prior to registering for the service. If you are interested in the Adult Day Program at Glacier View Lodge, call the Community Coordinator at 250 338 1451 ext. 228 to book a 20-minute tour. After the tour, call the Comox Valley Home and Community Care office, (250) 331-8522, to be added to the waitlist.

A Day at Adult Day Program

The day runs from 9:45 a.m. to 3 p.m. seven days/week (excluding some statutory holidays). Please enter the program directly through the Adult Day Program entrance (green sided section of the building with peaked covered entry).

A typical day includes:

10 a.m.	Coffee/muffins and social time
10:30 a.m.	Physical activity
11:00 a.m.	Mental Stimulation or Music
Noon	Lunch
1:30 p.m.	Afternoon activity program
2:30 p.m.	Afternoon tea
3:00 p.m.	Departure

Clients may wish to access other services at the Lodge during their day at the program, such as hairdressing, bathing, or have access to some health monitoring. There are additional fees for hairdressing and the bathing program.

“Supper Club” and *Memories and More* Program

The Lodge offers a 12-week program for the client and caregiver together. The program focused on support and education for caregivers and provides a stimulating and engaging program for the clients. The program is offered beginning at 3:30 PM, usually on Wednesdays. The 12-week program will be offered several times each year, based on registration. If you are interested in this program, contact Comox Valley Home & Community Care to be added to the program waitlist. Dinner is included!

Transportation

BC Transit provides HandyDart service to Glacier View Lodge. Please note that there is an assessment prior to registration for this service; please allow up to three weeks for this process prior to registration on HandyDart. Once registered for the HandyDart service, there may also be a waiting time to access the service, given the time restrictions around transit to and from the day program. Many clients are driven

to the program by family or private caregivers. Coordinating service or notification of absences are the responsibility of the client/caregiver.

Billing

The year is divided into 13 financial periods (every 4-week period) and a bill is produced for each of these periods. The user fee for Adult Day Program if funded is \$6 per day. On your initial visit, please provide a void cheque and the monthly fees will be taken from this account on approximately the 15th of each month.

The Lodge will obtain and bill for HandyDart tickets, so each client does not need to do this. This cost is added to your invoice along with any charges for hairdressing or community bath.

We now provide the option of attending as a **Private Pay** client. This might be of interest to those who need caregiver support beyond the time funded by Comox Valley Home & Community Care. The cost is \$100 per day, and is paid a month in advance at reception.

Attendance

Please notify us of absences. Leave a message for the Adult Day Program staff at 250-338- 1451 ext. 228. If you use the HandyDart, please also give them a call at 250-339-5442.

What to bring with you...

-The annual Influenza vaccine is recommended.

-Please bring any mobility or other specialty equipment or supplies you would normally use during the day (walker or wheelchair, oxygen, incontinence supplies, or change of clothing if you are having a bath). It is a good idea to label equipment, your coat, hat or scarf.

-If you take medications during the day, please arrange to have the dosage blister packed at your pharmacy (i.e. noon doses for your day of attendance for 6 weeks). We will store them securely at the Lodge and ensure that you are given these at the appropriate time.

-Please don't bring money unless there is a special outing arranged or you are paying a bill. We have charge systems for everything else.

-Do not bring any type of pocketknife/knives or sharps, or anything that could be perceived as a weapon.

-Please note that we are a non-smoking facility; please do not bring smoking supplies with you.

-If you have a Do Not Resuscitate Order, please bring us a copy.